**Experience**

**HWH Mediation LLC** (2021-present) –Founder and President

Full time neutral, focused on mediating employment and employee benefits disputes

**Cardozo Law School, Mediation Clinic** (August 2022-present) –Adjunct Professor

**Schulte Roth & Zabel LLP** (1999-2020) – Partner in Employment & Employee Benefits Group

Represented employers and executives in all aspects of employment and employee benefits law and employee relations. Litigated disputes involving restrictive covenants, ERISA claims, executive compensation, employment agreements, statutory employment discrimination claims, wage and hour claims, and common law tort and contract claims, in federal and state courts, before administrative and government agencies and in arbitral forums. Advised employers on employment law compliance and best practices, drafted and negotiated employment agreements, separation agreements and other employment-related agreements, provided anti-harassment and anti-discrimination training, and conducted workplace investigations.

**Sullivan & Cromwell LLP** (1991-1999) **–** Associate in Litigation Group

**Mediation Training**

Facilitator, Commercial Mediation Training, NYSBA (Spring and Fall 2024); Disclosure Dynamics in Arbitration, AAA (June 2024); New York Law School Symposium: ADR and Diversity (2024); Facilitator, Commercial Mediation Training, NYSBA (October 2023); Comprehensive Commercial Arbitration Training for Arbitrators and Counsel, NYSBA, et al. (July 2023); Facilitator, Advanced Commercial Mediation Training, NYSBA (May 2023); Arbitrating Withdrawal Liability Disputes, AAA (June 2023); Employment Arbitrator Update, AAA (April 2023);Cardozo Law School, Advanced Mediation Training, Part 146 Approved (2023); New York Law School Symposium, ADR and Diversity (2023); Southern District of New York, Jumpstarting an ADR Practice: Perspectives from Diverse Neutrals (2021); ABA, Help Clients By Combining “Facilitative” and “Evaluative” Mediation (2021); Cornell University, Cross-Cultural Communication (2021); Cornell University, We Make History: Amplifying the Black Experience in Labor and Employment Law and ADR (2021); ACR-NY, Ask for More: Conflict Strategies for Mediators and Negotiators; JAMS, Examining Employment Disputes in a COVID-19 World (2021); ABA, 2021 Dispute Resolution Spring Conference (2021); S.D.N.Y, Music in Mediation (2021); American Arbitration Association, Arbitration Fundamentals and Best Practices for New AAA Arbitrators, Award Writing (2021); Southern District of New York, How to Start When the Parties Are Far Apart (2020); NYSDRA, Anti-Racism and the Mediator’s Role: Irreconcilable Differences or Ethical Imperative (2020); JAMS, Empowering Diversity Within ADR (2020); Cornell University, Ethics in Employment Arbitration and Mediation (2020); Cornell University, Business of Mediation (2020); New York City Bar Association, Advanced Commercial Mediation (2019); Cornell University, Employment Mediation (2018).

**Panels and Rosters**

Panelist – EEOC (NY District Office) Mediation (2024-present)  
Special Master, New York Appellate Division, First Department (October 2023-present)

CAMP (the Second Circuit’s Mediation and Settlement Program) (October 2023-present)

New York City Bar Association Complaint Mediation Panel (2023-present)

S.D.N.Y. Mediation Panel (2019-present) (Member of S.D.N.Y. Mediation Advisory Committee (2021-present))

E.D.N.Y. Mediation Panel (2021-present)

New York Supreme Court (Commercial Division) Panel (2021-present)

Panelist - American Arbitration Association National Roster of Arbitrators (2021-present)  
Panelist – American Arbitration Association National Roster of Mediators (2021-present)

CPR Panel of Distinguished Neutrals (Employment Panel – Northeast; Pro Bono Panel; New York City ADR Panel, 2021-present)

FINRA Roster of Arbitrators (2021-present)

**Education**

University of Virginia School of Law (J.D. 1991)

Emory University (B.A. 1987)

**Select Recent Publications and Speaking Engagements**

**Publications.** “The Benefits of Mediating Your Restrictive Covenant Dispute,” *NYSBA, New York Dispute Resolution Lawyer*, Vol.18, No. 2 (2025); “Employment Law Practitioners Can Increase Diversity, Equity and Inclusion in Employment ADR: Why and How They Should,” *NYSBA, Labor and Employment Law Journal*, Vol 47, No. 1 (2023) (co-author); “What Employment Neutrals and Advocates Should Know About Employee Benefits,” *Kluwer Law Online, AAA Dispute Resolution Journal*, Volume 76, Issue 3, pp. 23-36 (2023); “‘Lamps Plus’ Ruling Narrows the Availability of Class Arbitration,” *New York Law Journal*,(May 20, 2019) (co-author); “Start-Up Businesses and Growing Companies: Key Employment Law Issues (NY),” *LexisNexis*(May 2019); “Recent Supreme Court and D.C. Circuit Decisions Concerning Arbitration,” *New York Law Journal*(March 15, 2019) (co-author), reprinted in *NYU Labor and Employment Newsletter*, Issue 17 (2021); “Hedge Fund Employee Compensation,”*Practical Law* (February 2019) (co-author); “How Employers Are Responding to New York’s New Anti-Sexual Harassment Laws,” *New York Law Journal*(Nov. 16, 2018) (co-author), republished in *NYU Labor & Employment Law News* (Winter/Spring 2019)

**Speaking Engagements.** Panelist, “From the Minds of Mediators: How to Prepare For and Mediate an Employment Law Case,” New York City Bar Association (Labor & Employment Committee), September 2025 and June 2024; Panelist, “Employment Mediation,” NELA-NY (Fall 2024); Moderator, Case Management Panel, 25th NYU Employment Law Workshop for Federal Judges (Federal Judicial Center and NYU Labor and Employment Law Center), September 2023; Moderator, Tanenbaum Religious Diversity Leadership Summit, Religion in the Workplace, May 2023; Commentator, NYU Law Labor and Employment Center, 75th Annual NYU Conference on Labor & Employment Law, May 2023; Commentator, NYU Labor Center: 3rd Student on Labor & Employment Law, May 2023; “Effective Employment Law Arbitration and Mediation,” NYU Labor & Employment Law Center, March 2022;“What Employment Arbitrators Need to Know About Employee Benefits,” AAA New York Employment Arbitrator Panel, November 2021;New York University Law Women Panel, New York, March 2019; 22nd Annual Employment Law Workshop for Federal Judges, New York University, New York, March 2019; “Conducting the Internal Investigation — Considerations, Processes and Procedures & Privilege Issues and Ethical Traps in Conducting the Investigation,” PLI Internal Investigations 2018, New York, June 2018; Tanenbaum 3rd Annual Religious Diversity Leadership Summit, New York, May 2018; “Avoiding Litigation in Workforce Cases,” Benchmark Women in Litigation East, New York, September 2017

**Volunteer Work**

**Stand Up! Girls – Founder and President**

Stand Up! Girls is a nonprofit organization whose core mission is to educate, inspire and equip girls from underserved communities with the communication skills necessary to succeed in and lead male-dominated workplaces.

**Tanenbaum Center for Interreligious Understanding** **– Board Member**   
Tanenbaum Center for Interreligious Understanding promotes justice and builds respect for religious difference by transforming individuals and institutions to reduce prejudice, violence and hatred. Tanenbaum raises awareness, builds knowledge, and implements strategies to promote long-term tangible changes and more respectful and inclusive behaviors in institutions and organizations globally.